

## **JUNIOR ESSENTIAL LEARNING EVIDENCES (19 STANDARDS):**

### **1. SOFT SKILLS:**

- I. All Juniors will review effective **communication** in various settings such as the workplace, home, and school at least once per year.
- II. All Juniors will review effective **collaboration** in various settings such as the workplace, home, and school at least once per year.
- III. All Juniors will demonstrate growth towards successful **public speaking** in seminar at least once per year.
- IV. All Juniors will complete a module on **empathy and understanding multiple perspectives** at least once per year.

### **2. SELF-EFFICACY:**

- I. All Juniors will complete a module on **self-care and stress management** at least once per semester.
- II. All Juniors will identify one **mental health strategy** to work towards demonstrating consistently (positive self-image, meditation, etc.) and will provide evidence at least once per semester.
- III. All Juniors will demonstrate **reflection** on how their abilities to achieve success have grown over the course of the year.
- IV. All Juniors will present evidence of **grit** in an area of their life at least once per year.
- V. All Juniors will research resources to help them **self-advocate** in an identified area of need over the course of the year (mental health resources, physical fitness, job applications, etc.).

### **3. RAIDER READINESS:**

- I. All Juniors will complete an **ACT** skills & strategies module that includes content from reading, writing, math, and science at least once per semester.
- II. All Juniors will learn about **ACT** testing expectations & procedures in the Spring semester.
- III. All Juniors will practice **test prep skills** appropriate to their life path (military--ASFAB, college entrance, DMV, etc.) at least once per semester.
- IV. All Juniors will complete a "Passion Project," connected to their **unique smartness** at least once per year.
- V. All Juniors will design, implement, and reflect on a **community service** project with their seminar class at least once per year.

### **4. LIFE EXPLORATION:**

- I. All Juniors will demonstrate an understanding of the "**next steps**" and requirements to pursue the path in which they have expressed interest at least once per year.
- II. All Juniors will participate in a module on **financial literacy** that includes information on saving, debt, credit, taxes, and budgeting at least once per year.
- III. All Juniors will practice filling out at least one **formal application** appropriate to their life path (job, scholarship, passport, etc.) at least once per year.
- IV. All Juniors will **lead** an activity or project in seminar once per year.
- V. All Juniors will participate in a **mock interview** in relation to their life path at least once per year.